Creamed spinach side dish

Another Boston Market-like specialty, devised by recipe sleuth Gloria Pitzer.

1 can (10-ounce) cream of celery soup
1 tablespoon flour
4 tablespoons butter or margarine ("or canola oil, but it won't look like theirs")
½ teaspoon garlic salt
Salt and pepper to taste
2 (10-ounce) packages frozen chopped spinach
1 small onion, diced

In a saucepan on medium heat, stir first five ingredients with a wire whisk. Combine immediately with frozen spinach and onion. Cook until "tender and well-drained," which we assume means smooth and no longer watery.